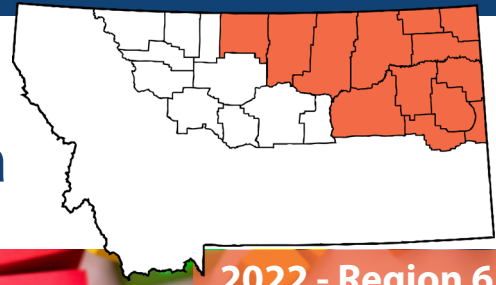




# FAMILY RESOURCE GUIDE

helping children, families, and providers thrive

Find Great Local Resources for Families  
and Children in North Central Montana



2022 - Region 6

## CHILD CARE CHECK LIST:

A Guide to Choosing  
Quality Child Care

## DID YOU KNOW?

80% of the brain  
develops by age 3

QUALITY CHILD CARE MATTERS

[FamilyConnectionsMT.org](http://FamilyConnectionsMT.org)



# CARING FOR MONTANA'S FUTURE

**Become a licensed child care provider.  
No one will do more important work.**

As a licensed child care provider, you can stay home with your children, have your own business, and make a difference in the lives of children in our community.  
Family Connections can help support your business!

**LEARN MORE! [FamilyConnectionsMT.Org](http://FamilyConnectionsMT.Org)**



**Region 5 Office:** 202 2nd Ave S Suite 201 **Great Falls**, 59405  
761-6010 | 800-696-4503 | Fax: 453-8976

**Counties:** Cascade, Chouteau, Fergus, Glacier, Judith Basin,  
Liberty, Petroleum, Pondera, Teton, Toole

**Region 6 Office:** 2229 5th Ave **Havre**, 59501  
265-6743 | 800-640-6743 | Fax: 265-1312

**Counties:** Blaine, Daniels, Dawson, Garfield, Hill, McCone,  
Phillips, Prairie, Richland, Roosevelt, Sheridan, Valley, Wibaux



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## A MESSAGE FROM FAMILY CONNECTIONS:

Family Connections believes all children deserve a successful future. Our mission is to be the community childhood resource promoting the success of children. We created this resource guide to help families have access to local services and programs in their communities. In this guide, you will find a listing of community resources that offer valuable services and provide enriching experiences essential to the success of children and families. Whether you are a parent, family member, or friend; we encourage you to share this guide. We are aware that communities may have additional resources not included in this guide. If you have information or services to share, please email us at [fcinfo@familyconnectionsmt.org](mailto:fcinfo@familyconnectionsmt.org)

# SERVICES FOR FAMILIES AND CHILDREN

## EARLY CHILDHOOD EDUCATION

### STATEWIDE/REGIONAL

#### **Family Connections** [familyconnectionsmt.org](http://familyconnectionsmt.org)

**Havre** 2229 5th Ave, Havre 59501 | 265-6743 | 800-640-6743

**Resources** to start or expand a child care business.

**Financial Assistance** to help families pay for child care.

**Free Referrals** to help families find quality licensed child care.

**Professional Development** training for child care providers.

**School Readiness** skills to prepare children for success.

**Counties:** Blaine, Daniels, Dawson, Garfield, Hill, McCone, Phillips, Prairie, Richland, Roosevelt, Sheridan, Valley, Wibaux

#### **Child Care Aware** [childcareaware.org](http://childcareaware.org)

Information on quality child care.

#### **Child Care Licensing**

[dphhs.mt.gov/ecfsd/childcare/childcarelicensing](http://dphhs.mt.gov/ecfsd/childcare/childcarelicensing)

**Havre** 48 2nd Ave Ste 207, Havre 59501 | 262-9790

**Counties:** Blaine, Daniels, Hill, Phillips, Roosevelt, Sheridan, Valley

**Miles City** 2200 Box Elder St, Miles City 59301 | 655-2624

**Counties:** Dawson, Garfield, McCone, Prairie, Richland, Wibaux

#### **Child Care Services: Fort Peck Assiniboine & Sioux Tribes**

[fortpecktribes.org/child\\_care.html](http://fortpecktribes.org/child_care.html)

**Poplar** 501 Medicine Bear Rd, Poplar 59255 | 768-2300 | 768-2427

#### **Head Start / Early Head Start** [nhsa.org](http://nhsa.org)

Federally funded preschool program promoting school readiness in young children from low-income families through local programs. Support mental, social, and emotional development of ages 0-5.

**Montana Head Start Association** [mtheadstart.org](http://mtheadstart.org) | 522-3819

**Action For Eastern Montana** [aemt.org/head-start](http://aemt.org/head-start)

**Glasgow** 839 1st Ave S, Glasgow 59230 | 228-2404

**Glendive** 120 Colorado Blvd, Glendive 59330 | 377-3009

**Malta** 164 S 10th St W, Malta 59538 | 654-2005

#### **Fort Belknap Head Start**

**Gilbert Horn Sr. EC** 656 Agency Main St, Harlem 59526 | 353-2827

**Ramona King Center** 180 John Capture Road, Hays 59527

Early Head Start 673-3085 | Head Start 673-2287

#### **Three Strikes Head Start**

138 Medicine Bear Rd, Lodge Pole 59524 | 673-3307 | 353-2827

#### **Head Start / Early Head Start; continued**

**Fort Peck Head Start** 786-2503 | [fortpecktribes.org/headstart.html](http://fortpecktribes.org/headstart.html)

**Fort Kipp** BIA Rte 20 W & BIA Rte 172, Fort Kipp 59213 | 786-3267

**Frazer Center** 47 Main, Frazer 59225 | 695-2224

**Poplar One** 507 E Street, Poplar 59255 | 768-5365

**Poplar Two** 1103 Sagebrush Dr, Poplar 59255 | 768-5436

**Wolf Point One** 700 W Dawson, Wolf Point 59201 | 653-2344

**Wolf Point Two** 713 W Dawson, Wolf Point 59201 | 653-2647

#### **Northern Montana Child Development Center**

[hrdc4.org/northern-montana-child-development-center](http://hrdc4.org/northern-montana-child-development-center)

**Head Start — HDRC** 2229 5th Ave, Havre 59501 | 265-5810

**Hill View** 1254 10th St W, Havre 59501 | 265-5810

**Lincoln Center** 1360 Lincoln Ave, Havre 59501 | 265-6794

#### **Rocky Boy — Early Childhood Learning & Head Start**

**Bonneau** 235 Black Prairie St, Box Elder 59521 | 395-4690

**Early Childhood Learning** 285 Sumac, Box Elder 59521 | 395-4690

#### **Montana Early Childhood & Family Support Services**

**Helena** PO Box 4210, Helena 59604 | 444-1958 | [dphhs.mt.gov/ecfsd](http://dphhs.mt.gov/ecfsd)

Services and resources for early childhood, health support, special needs, nutrition, prevention & early intervention, teen & young adults.

#### **Montana KIDS COUNT** [montanakidscount.org](http://montanakidscount.org)

Data on child/family in Montana counties: demographics, health, education, family and community, economic well-being, and safety.

#### **Montana Public Schools Directory** [opi.mt.gov/schooldirectory](http://opi.mt.gov/schooldirectory)

Listing of Montana Public Schools and contact information.

#### **Raise Montana** [raisemt.org](http://raisemt.org)

Supports Child Care Resource and Referral agencies to build child care supply and quality, education on child care issues, and advocate for child care professionals and families.

#### **Zero To Five** [zerotofive.org](http://zerotofive.org)

Gives children a great start in life and a promising future.

#### **Vroom** [vroom.org](http://vroom.org)

Free brain building tips at anytime for your child from Vroom!

# OUT OF SCHOOL PROGRAMS

## STATEWIDE/REGIONAL

### **Boys and Girls Clubs** [bgcalliancemontana.org](http://bgcalliancemontana.org)

Promote academic success, healthy lifestyles, good character and citizenship through life changing programs in Clubs across Montana.

**Fort Peck** PO Box 315, Wolf Point 59201 | 653-2020

**Glendive** [boysandgirlsclubofdawsoncounty.com](http://boysandgirlsclubofdawsoncounty.com)

1515 W Bell St, Glendive 59330 | 377-3535

**Havre** [bgchi-line.net](http://bgchi-line.net) 500 1st Ave, Havre 59501 | 265-6206

**Hays** (Little Rockies) 58 Grant St, Hays 59527 | 673-3561

**Sidney** [boysandgirlsclubofdawsoncounty.com](http://boysandgirlsclubofdawsoncounty.com)

201 3rd Ave SE, Sidney 59270 | 433-6763

### **VROOM TIP!**

Music helps your child listen for sounds which is an early reading skill!

## ADULT EDUCATION

### STATEWIDE/REGIONAL

### **Adult Basic Education (Hi-Set)** [opi.mt.gov/montana\\_students](http://opi.mt.gov/montana_students)

**Havre** [hrdc4.org/employment-and-training](http://hrdc4.org/employment-and-training)

District 4 HRDC, 2229 5th Ave, Havre 59501 | 265-6743

### **Dawson Community College**

[dawson.edu/outreach/adult-education.html](http://dawson.edu/outreach/adult-education.html)

### **Adult Community Education Courses** [msuextension.org](http://msuextension.org)

**Blaine County Extension Office** [blaine.msuextension.org](http://blaine.msuextension.org)

420 Ohio St N, Chinook 59523 | 357-3200

**Havre** [blueponyk12.com/domain/42](http://blueponyk12.com/domain/42)

425 6th St, Havre 59501 | 395-8550 x6716

### **Learning Volunteers for Adults**

[richland.org/706/Learning-Volunteers-for-Adults](http://richland.org/706/Learning-Volunteers-for-Adults)

121 3rd Ave NW, Sidney 59270 | 480-1917

**Richland County Extension** [richland.msuextension.org](http://richland.msuextension.org)

1499 N Central Ave, Sidney 59270 | 433-1206

**Valley County Extension Office** [valley.msuextension.org](http://valley.msuextension.org)

501 Court Square | PO Box 12, Glasgow 59230 | 228-6241

### **Montana State University Extension** [msuextension.org](http://msuextension.org)

Statewide educational outreach resources: Ag, Natural Resources, Family & Consumer Sciences, and 4-H & Youth Development.

**Blaine** 357-3200 | [blaine.msuextension.org](http://blaine.msuextension.org)

**Daniels** 487-2861 | [daniels.msuextension.org](http://daniels.msuextension.org)

**Dawson** 377-4277 | [dawson.msuextension.org](http://dawson.msuextension.org)

**Fort Belknap** 338-2650 | [fortbelknap.msuextension.org](http://fortbelknap.msuextension.org)

**Fort Peck** 768-3431 | [fortpeck.msuextension.org](http://fortpeck.msuextension.org)

**Garfield** 557-2770 | [garfield.msuextension.org](http://garfield.msuextension.org)

**Hill** 400-2333 | [hill.msuextension.org](http://hill.msuextension.org)

**McCone** 485-2605 | [mccone.msuextension.org](http://mccone.msuextension.org)

**Phillips** 654-2543 | [phillips.msuextension.org](http://phillips.msuextension.org)

**Prairie** 635-2121 | [prairie.msuextension.org](http://prairie.msuextension.org)

**Richland** 433-1206 | [richland.msuextension.org](http://richland.msuextension.org)

**Roosevelt** 787-5312 | [roosevelt.msuextension.org](http://roosevelt.msuextension.org)

**Sheridan** 765-3406 | [sheridan.msuextension.org](http://sheridan.msuextension.org)

**Valley** 228-6241 | [valley.msuextension.org](http://valley.msuextension.org)

**Wibaux** 796-2486 | [wibaux.msuextension.org](http://wibaux.msuextension.org)

# ADULT EDUCATION

## BOX ELDER

### **Stone Child College (SCC)** [stonechild.edu](http://stonechild.edu)

8294 Upper Box Elder Rd, Box Elder 59521 | 395-4875

Tribal chartered college offering post-secondary educational opportunities through degrees, certificates and continuing education. SCC stresses the importance of preserving the Chippewa Cree language, culture and history.

## GLENDIVE

### **Dawson Community College** [dawson.edu](http://dawson.edu)

300 College Drive, Glendive 59330 | 377-3396

Post-secondary education for associate degrees and certificates, professional development courses, customized training, adult education, community service programs, tutoring, library service, and career placement activities.

## HARLEM

### **Aaniih Nakoda College** [ancollege.edu](http://ancollege.edu)

PO Box 159, Harlem 59526 | 353-2607

An accredited two-year institution offering academic programs, student services, and a variety of grant sponsored programs.

## HAVRE

### **Montana State University — Northern** [msun.edu](http://msun.edu)

300 W 11th St, Havre 59501 | 265-3700

Associate, baccalaureate, and master's degrees in many fields. Satellite campuses in Great Falls and Lewistown. Supports an interactive television network.

## MILES CITY

### **Miles Community College** [milescc.edu](http://milescc.edu)

2715 Dickinson St, Miles City 59301 | 874-6100

Associate degrees in Arts, Science, Science in Nursing, Applied Science and Certificates.

## POPLAR

### **Fort Peck Community College** [fpcc.edu](http://fpcc.edu)

605 Indian Ave, Poplar 59255 | 768-6300

A tribally controlled community college chartered by the Fort Peck Assiniboine and Sioux Tribes.



## STATEWIDE/REGIONAL

### **4-H** [montana4h.org](http://montana4h.org)

Education in over 60 different projects; robotics, interior design, citizenship, home arts, nature, ecology, dog obedience, photography, and leadership. Ages 6-18.

**Blaine County** 400 Ohio, Chinook 59523 | 357-3200

**Daniels County** 106 Railroad Ave E, Scobey 59263 | 487-2861

**Dawson County** 207 W Bell St, Glendive 59230 | 377-4277

**Fort Belknap** 161 Chippewa Ave, Harlem 59526 | 353-2656

**Fort Peck** 501 Medicine Bear Rd, Poplar 59555 | 768-3431

**Garfield County** 352 Leavitt Ave, Jordan 59337 | 557-2770

**Hill County** 315 4th St, Havre 59501 | 265-5481 x233

**McCone County** 905 B Ave Vejtasa Bldg, Circle 59215 | 485-2605

**Phillips County** 10 1/2 S 4th St E, Malta 59538 | 654-2543

**Prairie County** 217 W Park, Terry 59349 | 635-2121

**Richland County** 1499 N Central Ave, Sidney 59270 | 433-1206

**Roosevelt County** 307 Broadway, Culbertson 59218 | 787-5312

**Sheridan County** 100 W Laurel, Plentywood 59254 | 765-3406

**Valley County** 501 Court Square, Glasgow 59230 | 228-6241

**Wibaux County** 203 S Wibaux St, Wibaux 59353 | 759-2486

## BATTLEFIELDS, BUFFALO JUMPS, FORTS, ETC.

### **Bear Paw Battlefield** [bearpawbattlefield.com](http://bearpawbattlefield.com)

Located 15 miles South of Chinook on US Hwy 240

### **Fort Assiniboine**

[havrechamber.com/explore/fort-assinniboine](http://havrechamber.com/explore/fort-assinniboine)

3710 Assiniboine Rd, Havre 59501 | 265-4000

### **Wahkpa Chu'gn Buffalo Jump** [buffalojump Havre.com](http://buffalojump Havre.com)

3993 6th St W, Havre 59501 | 265-6417 | 945-3503

### **Poplar Indian Days**

American Legion Park, Polar 59255 | 650-4694

## GYMS:

### HAVRE

### **Amp'd Fitness**

115 1st St, Havre 59501 | 262-3774

### **Down Under Fitness** [downunderfitness.com](http://downunderfitness.com)

820 2nd St W, Havre 59501 | 265-4805

### **The Zoo Health Club** [zoogym.com/havre-montana](http://zoogym.com/havre-montana)

1753 US Hwy 2 NW, Havre 59501 | 265-4839

## GLENDIVE

### **Black Bridge Fitness**

420 S Merrill, Glendive 59330 | 377-7777

### **Momentum Fitness, Inc**

116 South Douglas St, Glendive 59330 | 891-0017

## SIDNEY

### **Health Works** [sidneyhealthworks.org](http://sidneyhealthworks.org)

216 14th Ave SW, Sidney 59270 | 488-2100

### **Sidney Gymnastics Club**

PO Box 418, Sidney 59270 | 433-3008

## LIBRARIES:

### **Library Directory** [mslservices.mt.gov/ASPeN](http://mslservices.mt.gov/ASPeN)

### **Blaine County Library** [blainecountylibrary.org](http://blainecountylibrary.org)

94 4th St, Chinook 59523 | 357-2932

### **Daniels County Library**

203 Timmons St #A, Scobey 59263 | 487-5502

### **Dodson Branch Library**

121 2nd St E, Dodson 59524 | 654-2407

### **Fort Peck Tribal Library** [fpcc.edu/library](http://fpcc.edu/library)

PO Box 398, Poplar 59255 | 768-6340

### **Garfield County Library** [garfieldco.us/public-library.html](http://garfieldco.us/public-library.html)

208 Main St, Jordan 59337 | 557-2297

### **Glasgow City County Library** [glasgowlibrary.org](http://glasgowlibrary.org)

408 3rd Ave S, Glasgow 59230 | 228-2731

### **Glendive Public Library** [glendivelibrary.com](http://glendivelibrary.com)

200 S Kendrick, Glendive 59230 | 377-3633



### **Harlem Public Library** [harlempubliclibrary.org](http://harlempubliclibrary.org)

37 1st Ave SE, Harlem 59526 | 353-2712

### **Havre - Hill County Library** [havrehilllibrary.org](http://havrehilllibrary.org)

402 3rd St, Havre 59501 | 265-2123

### **McCone County Public Library**

1101 C Ave, Circle 59215 | 485-2350

### **Phillips County Library**

10 S 4th St E, Malta 59538 | 654-2407

### **Poplar Library**

208 3rd Ave W, Poplar 59255 | 768-3749

### **Prairie County Library**

309 Garfield, Terry 59349 | 635-5546

### **Richey Public Library**

223 S Main, Richey 59259 | 773-5585

### **Rocky Boy Public Library** [stonechild.edu/library](http://stonechild.edu/library)

8294 Upper Box Elder Rd, Box Elder 59521 | 395-4313

### **Roosevelt County Library** [rooseveltcountylibrary.org](http://rooseveltcountylibrary.org)

220 2nd Ave S, Wolf Point 59201 | 653-2411

### **Saco Branch Library**

201B Taylor St, Saco 59261 | 654-2407

### **Sheridan County Library** [shercolibrary.org](http://shercolibrary.org)

100 W Laurel Ave, Plentywood 59254 | 765-2317

### **Sidney - Richland County Library** [richland.org/362/Library](http://richland.org/362/Library)

121 3rd Ave NW, Sidney 59270 | 433-1917

### **Wibaux Public Library**

115 Wibaux St S, Wibaux 59353 | 796-2452



# RECREATION

## MUSEUMS:

**Baisch's Dinosaur Digs, LLC** [dailydinosaur digs.com](http://dailydinosaur digs.com)  
323 Road 300, Glendive 59330 | 365-4133 By reservation only.

**Blaine County Museum** [blainecountymuseum.com](http://blainecountymuseum.com)  
501 Indiana St, Chinook 59523 | 357-2590

**Blaine County Wildlife Museum** [bcwildlifemuseum.com](http://bcwildlifemuseum.com)  
417 Indiana St, Chinook 59523 | 357-3102

**Culbertson Museum**  
5860 Road 1021, Culbertson 59218 | 787-6320

**Daniels County Museum/Pioneer Town**  
[cityofscobey.com/2164/Daniels-County-Museum-and-Pioneer-Town](http://cityofscobey.com/2164/Daniels-County-Museum-and-Pioneer-Town)  
7 W County Rd, Scobey 59263 | 487-5965

**Evelyn Cameron Heritage Center** [evelyncameron.org](http://evelyncameron.org)  
212 Laundre Ave, Terry 59349 | 635-4966

**Fort Peck Dam Interpretative Center & Museum**  
[fws.gov/refuge/charles\\_m\\_russell/visit/visitor\\_activities/fpic.html](http://fws.gov/refuge/charles_m_russell/visit/visitor_activities/fpic.html)  
Lower Yellowstone Rd, Fort Peck 59223 | 526-3493

**Frank DeRosa Memorial Museum**  
[centralmontana.com/listings/17769.htm](http://centralmontana.com/listings/17769.htm)  
120 3rd Ave, Havre 59501 | 265-8888

**Frontier Gateway Museum** [frontiergatewaymuseum.org](http://frontiergatewaymuseum.org)  
Belle Prairie Rd, Glendive 59330 | 377-8168



**Garfield County Museum**  
[mtdinotrail.org/garfield-county-museum](http://mtdinotrail.org/garfield-county-museum)  
US Hwy 200 E, Jordan 59337 | 557-2226

**Glendive Dinosaur & Fossil Museum** [creationtruth.org](http://creationtruth.org)  
139 State St, Glendive 59330 | 377-3228

**Great Plains Dinosaur Museum** [greatplainsdinosaurs.org](http://greatplainsdinosaurs.org)  
405 N 1st Ave E, Malta 59538 | 654-5300 | 654-2777

**H. Earl Clack Museum** [hearclackmuseum.com](http://hearclackmuseum.com)  
1753 US Hwy 2 NW, Havre 59501 | 265-4000

**Havre Beneath the Streets**  
[centralmontana.com/listings/9512.htm](http://centralmontana.com/listings/9512.htm)  
120 3rd Ave, Havre 59501 | 265-8888

**Hell Creek Music and More** [hellcreekmusic.com](http://hellcreekmusic.com)  
101 N Merrill Ave, Glendive 59330 | 377-7977

**Louis & Antoinette Hagener Museum of the Northern Plains Indians** [centralmontana.com/listings/19858.htm](http://centralmontana.com/listings/19858.htm)  
300 13th St W, Havre 59501 | 265-3706

**Makoshika Dinosaur Museum**  
[mtdinotrail.org/makoshika-state-park](http://mtdinotrail.org/makoshika-state-park)  
103 N Merrill Ave, Glendive 59330 | 377-1637

**McCone County Museum** [mcconecountymt.com/museum](http://mcconecountymt.com/museum)  
1507 Ave B, Circle 59215 | 485-2414

**MonDak Heritage Center** [mondakheritagecenter.org](http://mondakheritagecenter.org)  
120 3rd Ave SE, Sidney 59270 | 433-3500

**NE MT Children's Museum** [nemtchildrensmuseum.org](http://nemtchildrensmuseum.org)  
512 2nd Ave S, Glasgow 59230 | 228-4386

**Phillips County Museum** [phillipscountymuseum.org](http://phillipscountymuseum.org)  
431 Hwy 2 E, Malta 59538 | 654-1037

**Prairie County Museum** [visitterrymt.com/thingstodo](http://visitterrymt.com/thingstodo)  
101 Logan Ave, Terry 59349 | 653-4040

**Sheridan County Museum**  
[www.co.sheridan.mt.us/index.php/Sheridan/museum](http://www.co.sheridan.mt.us/index.php/Sheridan/museum)  
4262 Hwy 16 S, Plentywood 59254 | 765-2145

**Valley County Pioneer Museum**  
[facebook.com/ValleyCountyPioneerMuseum](https://facebook.com/ValleyCountyPioneerMuseum)  
816 US Hwy 2 W, Glasgow 59230 | 228-8692

**Wolf Point Museum**  
[wolfpointchamber.com/wolf-point-museum.html](http://wolfpointchamber.com/wolf-point-museum.html)  
203 US Hwy 2, Wolf Point 59201 | 653-1958

## RECREATION CENTERS

### STATEWIDE/REGIONAL

**Scouts BSA** [montanabsa.org](http://montanabsa.org)

Youth programs build good character and better communities through hands-on activities. Cub Scouts: K-10 years, Scouts BSA: 11-17 years, Venturing Program: 14-20 years, and Learning for Life Program.

**Montana Council** 820 17th Ave S, Great Falls 59405 | 761-6000  
**Glasgow** 263-1679  
**Havre** 262-7073

**Girl Scouts of Montana and Wyoming** [gsmw.org](http://gsmw.org)

**Great Falls** 4930 9th Ave S, Great Falls 59405 | 800-736-5243  
Girl Scouts is the perfect place for girls to explore interests, build skills and character, and make friends in a supportive environment, while positively influencing themselves, their communities, and the world.

### GLASGOW

**Glasgow Recreation Department** [cityofglasgowmt.com](http://cityofglasgowmt.com)  
319 3rd St S, Glasgow 59230 | 228-2476

**Valley Event Center** [hlyh.org](http://hlyh.org)  
54141 Hwy 2, Glasgow 59230 | 228-4594

### GLENDIVE

**Glendive Recreation Department** [glendiverec.com](http://glendiverec.com)  
305 North River Ave, Glendive 59330 | 377-5471

### HAVRE

**Havre Parks and Recreation** [ci.havre.mt.us/parks-recreation](http://ci.havre.mt.us/parks-recreation)  
520 4th Ave, Havre 59501 | 265-5781

### FORT BELKNAP

**Red Whip Recreation Center**  
112 Blackfeet Ave, Fort Belknap 59526 | 353-8504

## RECREATION

### STATE/NATIONAL PARKS, ETC.

**Bear Paw Nature Trail and Beaver Creek Park** [bcpark.org](http://bcpark.org)

17863 Beaver Creek Road, Havre 59501 | 395-4565

**Brush Lake State Park** [stateparks.mt.gov/brush-lake](http://stateparks.mt.gov/brush-lake)

1733 Brush Lake Rd, Dagmar 59219 | 377-6256

**Hell Creek State Park** [stateparks.mt.gov/hell-creek](http://stateparks.mt.gov/hell-creek)

2456 Hell Creek Rd, Jordan 59337 | 557-2362

**Makoshika State Park** [stateparks.mt.gov/makoshika](http://stateparks.mt.gov/makoshika)

1301 Snyder Ave, Glendive 59330 | 377-6256

**Medicine Lake National Wildlife Refuge**

[fws.gov/refuge/medicine\\_lake](http://fws.gov/refuge/medicine_lake)

223 North Shore Rd, Medicine Lake 59247 | 789-2305

**Whitetail Reservoir**

[myfwp.mt.gov/fishMT/waterbody/40977](http://myfwp.mt.gov/fishMT/waterbody/40977)

1/4 mile south of Whitetail, MT 59276 | 228-3700

### SWIMMING, LAKES, HOT SPRINGS, ETC.

**Chinook City Pool** [cityofchinook.com/city-pool](http://cityofchinook.com/city-pool)

**Chinook** 107 8th St, Chinook 59523 | 357-2903

**Circle Swimming Pool**

**Circle** 485-3594

**Culbertson City Pool**

[culbertsonmt.com/culbertson-swimming-pool.html](http://culbertsonmt.com/culbertson-swimming-pool.html)

**Culbertson** 325 4th Ave W, Culbertson 59218 | 787-6391

**Fairview Pool** [facebook.com/FairviewPublicPool](https://facebook.com/FairviewPublicPool)

**Fairview** 108 N Montana Ave, Fairview 59221 | 742-5346

**Glasgow City Pool**

**Glasgow** 319 3rd St S, Glasgow 59230 | 228-4681

**Glendive City Pool**

**Glendive** Lloyd Square Park, Glendive 59330 | 377-7665

**Harlem City Pool**

**Harlem** 10 1st Ave SW, Harlem 59526 | 353-2361

**Havre City Pool** [ci.havre.mt.us/parks-recreation](http://ci.havre.mt.us/parks-recreation)

**Havre** 420 6th Ave, Havre 59501 | 265-8161

**Hingham Swimming Pool**

**Hingham** 502 1st St, Hingham 59528 | 397-3261

**Jordan Community Pool** [facebook.com/JordanCommunityPool/](https://facebook.com/JordanCommunityPool/)

**Jordan** 557-2745

**Malta City Pool**

**Malta** 104 S 8th St E, Malta 59538 | 654-1426

**Scobey City Pool** [cityofscobey.com/2169/Roseland-Park-and-Pool](http://cityofscobey.com/2169/Roseland-Park-and-Pool)

**Scobey** Roseland Park, Scobey 59263 | 487-2421

**Sidney Svarre Municipal Pool** [facebook.com/SidneySvarreMunicipalPool](https://facebook.com/SidneySvarreMunicipalPool)

[SidneySvarreMunicipalPool](https://facebook.com/SidneySvarreMunicipalPool)

**Sidney** 610 7th Ave SW, Sidney 59270 | 433-1576

**Terry City Pool** [townofterry.com/swimming-pool](http://townofterry.com/swimming-pool)

**Terry** Murn Park, Terry 59349 | 635-5451

**Wibaux City Pool**

**Wibaux** 105 A St, Wibaux 59353 | 796-2240

**Winnett Community Swimming Pool** [facebook.com/Winnett-Community-Swimming-Pool-265743680840258/](https://facebook.com/Winnett-Community-Swimming-Pool-265743680840258/)

**Winnett** 114 Teigen Ave, Winnett 59087

**Wolf Point City Pool** [wolfpointchamber.com/youth-activities.html](http://wolfpointchamber.com/youth-activities.html)

**Wolf Point** Borage Park Complex, Wolf Point 59201 | 653-1852

## HEALTH AND SPECIAL NEEDS

### POISON CONTROL # 1-800-222-1222



## ADDICTION SERVICES

### STATEWIDE/REGIONAL

**Alcoholics Anonymous Montana Hotline** [aa-montana.org](http://aa-montana.org)

[alcoholicsanonymous.com/aa-meetings/montana](http://alcoholicsanonymous.com/aa-meetings/montana)

833-800-8553 | 800-839-1686

**AL-ANON** [al-anon.org](http://al-anon.org)

**Montana AL-ANON/Alateen**

[al-anon-montana.org](http://al-anon-montana.org) | [mtalanon@hotmail.com](mailto:mtalanon@hotmail.com)

Support groups for family and friends of alcoholics.

**Montana Tobacco Use Prevention** [tobaccofree.mt.gov](http://tobaccofree.mt.gov)

Prevention and quit smoking resources.

**Narcotics Anonymous** [namontana.com](http://namontana.com) **Helpline:** 800-990-6262

Support groups to help addicts live a drug-free life.

### POPLAR

**Spotted Bull Recovery Resource Center** [fortpecktribes.org/sbrcc](http://fortpecktribes.org/sbrcc)

603 1/2 Court Ave, Poplar 59255 | 768-3852 | 768-5364

Individualized, comprehensive, culturally based chemical dependency services.

## HEALTH AND SPECIAL NEEDS

### STATEWIDE/REGIONAL

**AltaCare** [altacareofmontana.com](http://altacareofmontana.com)

497-7907 | **After Hours Crisis Line:** 877-999-5558

Montana in-school mental health services. Intensive outpatient treatment for children and adolescents while they attend school, causing little-to-no disruption to their normal lives.

**Bear Paw Cooperative**

Cooperative serving special needs of individuals ages 3 to 21.

**Chinook** 421 Ohio Street, Chinook 59523 | 327-2269

**Counties:** Phillips, Blaine, and Hill



**Center for Mental Health** [center4mh.org](http://center4mh.org)**Havre** 312 3rd St, Havre 59501 | 265-9639

Private rehabilitation specializing in mental health treatment.

**Developmental Disabilities Program**[dphhs.mt.gov/dsd/developmentaldisabilities](http://dphhs.mt.gov/dsd/developmentaldisabilities)**Region 1 Glasgow** 226 6th St S, Glasgow 59230 | 228-8264**Region 1 Miles City** 2200 Box Elder Ste 7, Miles City 59301 | 232-2595**Counties:** Daniels, Dawson, Garfield, McCone, Phillips, Prairie, Richland, Roosevelt, Sheridan, Valley, Wibaux.**Region 2 Great Falls** 201 1st St S Ste 3, Great Falls 59405 | 454-6085**Counties:** Blaine, Hill.**Disability Rights Montana** [disabilityrightsmt.org](http://disabilityrightsmt.org)**Helena** 1022 Chestnut St, Helena 59601 | 449-2344 | 800-245-4743

Federally-mandated civil rights protection and advocacy representing Montanans with a disability.

**Eastern MT Community Mental Health Center (EMCMHC)**[emcmhc.org](http://emcmhc.org) | **Crisis Line:** 377-6070

Comprehensive mental health and substance abuse treatment services. Individual and group counseling, support groups, intensive case management services, day treatment, children's play therapy, anger and medication management, and marriage counseling.

**Circle** 905 B Ave, Circle 59215 | 377-6075**Culbertson** 307 Broadway, Culbertson 59218 | 433-4635**Glasgow** 1009 6th Ave N, Glasgow 59230 | 228-9349**Glendive** 2016 N Merrill, Glendive 59330 | 377-6075**Glendive** 119 S Kendrick Ave, Glendive 59330 | 377-6075**Jordan** 332 Leavitt Ave, Jordan 59337 | 234-1687**Miles City** 2508 Wilson, Miles City 59301 | 234-1687**Malta** 46 S 1st St E, Malta 59538 | 228-9349**Plentywood** 100 W Laurel, Plentywood 59254 | 765-2550**Poplar** 301 E Blvd, Poplar 59255 | 653-1872**Scobey** 105 5th Ave E, Scobey 59263 | 765-2550**Sidney** 1201 W Holly Ste 4, Sidney 59270 | 433-4635**Terry** 409 Bowen St, Terry 59349 | 234-1687**Wibaux** 203 S Wibaux, Wibaux 59353 | 377-6075**Wolf Point** 124 Custer St, Wolf Point 59201 | 653-1872**Family Planning Montana** [dphhs.mt.gov/ecfsd/familyplanning](http://dphhs.mt.gov/ecfsd/familyplanning)

Accessible, quality reproductive and sexual health services.

Local county and tribal health department office locator:

[dphhs.mt.gov/publichealth/fcss/countytribalhealthdepts](http://dphhs.mt.gov/publichealth/fcss/countytribalhealthdepts)**Healthy Montana Kids** [dphhs.mt.gov/hmk](http://dphhs.mt.gov/hmk)

Free or low cost health coverage for kids.

**Healthy Mothers Healthy Babies** [hmhb-mt.org](http://hmhb-mt.org)

Support for the health, safety, well-being of mothers and babies 0-3.

**LIFTS:** [hmhb-lifts.org](http://hmhb-lifts.org) Linking Montana families who are expecting or raising young ones to supports, resources, and other families.**Indian Health Clinic** [ihs.gov](http://ihs.gov)**Box Elder** 535 Clinic Rd E, Box Elder 59521 | 395-5100**Harlem** 669 Agency Main St, Harlem 59526 | 353-3100**Hays** 453 Pinegrove Rd, Hays 59527 | 673-3777**Poplar** 107 H St E, Poplar 59255 | 768-3491**Wolf Point** 550 6th Ave N, Wolf Point 59201 | 653-1641**Montana Blind & Low Vision Services (BLVS)**[dphhs.mt.gov/detd/blvs](http://dphhs.mt.gov/detd/blvs)

Services for Montanans with blindness or visual disabilities. Vocational rehabilitation, business enterprise, and older blind programs assist with employment, living with low vision or blindness, and increasing independence.

**Billings** 2121 Rosebud Dr Ste C, Billings 59102 | 248-4801888-279-7532 **Counties:** Dawson, Garfield, Prairie, Richland, Wibaux.**Great Falls** 201 1st St S Ste 2, Great Falls 59405 | 454-6060888-279-7572 **Counties:** Blaine, Daniels, Hill, McCone, Phillips, Roosevelt, Sheridan, Valley.**Montana Empowerment Center** [mtempowermentcenter.org](http://mtempowermentcenter.org)**Mailing Address** 221 Parkway Dr, Kalispell MT 59901 | 877-870-1190

Montana's Parent Training Information Center (PTI). The MEC's mission is to empower, encourage and educate all Montana families across the state with children and young adults (0-26) with disabilities.

**Montana Independent Living Services:**[dphhs.mt.gov/detd/independentliving](http://dphhs.mt.gov/detd/independentliving)**North Central Independent Living Services, Inc.** [ncils.org](http://ncils.org)

Information and referrals, personal assistance services, advocacy, peer support, social security (SAA) work incentives, youth transition services, living well with a disability classes. 800-823-6245

**Great Falls** 120 25th Ave NE, Black Eagle 59414 | 452-9834**Counties:** Blaine, Daniels, Hill, Phillips, Roosevelt, Sheridan, Valley**Living Independently for Today & Tomorrow** [liftt.org](http://liftt.org)

Connecting individuals with disabilities with resources to help them live independently. Information &amp; referrals, individual &amp; systems change advocacy, peer support, independent living skills training, institutional transition &amp; diversion, &amp; youth transition. 800-669-6319

**Glendive** 100 1/2 S Merrill Ave, Glendive 59330 | 948-8500**Counties:** Dawson, Garfield, McCone, Prairie, Richland, Wibaux**Montana Public County & Tribal Health Departments**

Local county and tribal health office locator:

[dphhs.mt.gov/publichealth/fcss/countytribalhealthdepts](http://dphhs.mt.gov/publichealth/fcss/countytribalhealthdepts)**Montana School for the Deaf & Blind** [msdbmustangs.org](http://msdbmustangs.org)**Great Falls** 3911 Central Ave, Great Falls 59405 | 771-6000

Comprehensive educational opportunities for Montana's students who are deaf, hard of hearing, blind, visually impaired and deaf blind. Preschool through high school students attend as residential or day students on the Great Falls campus. Information and consultation to parents, schools and professionals statewide, at no cost to parents or school districts. Technical assistance and equipment on a short-term loan basis to school districts.



# HEALTH AND SPECIAL NEEDS

## STATEWIDE/REGIONAL

**Montana Suicide Prevention** [dphhs.mt.gov/suicideprevention](https://dphhs.mt.gov/suicideprevention)

Text MT or TALK to 741 741

**Montana Suicide Prevention Lifeline:** 800-273-TALK (8255)

**American Foundation for Suicide Prevention**

[afsp.org/chapter/montana](https://afsp.org/chapter/montana)

**National Suicide Prevention Lifeline** [suicidepreventionlifeline.org](https://suicidepreventionlifeline.org)

**Veteran Suicide Prevention**

[mentalhealth.va.gov/suicide\\_prevention/](https://mentalhealth.va.gov/suicide_prevention/)

**Montana Thrive — Cognitive Behavioral Therapy Skills**

[thriveformontana.com](https://thriveformontana.com) | [mytimetothrive.com](https://mytimetothrive.com)

Free confidential online program improves emotional well-being for happier, more satisfying lives. Cognitive behavior therapy helps with stress, depression, and anxiety.

**Montana Warm Line** [montanawarmline.org](https://montanawarmline.org)

Mental illness support for rural Montanans. Call 877-688-3377 for home-based services by trained, experienced individuals.

**Northeastern Montana Health Services** [nemhs.net](https://nemhs.net)

**Riverside Family Clinic** 209 1/2 H St E, Poplar 59255 | 768-5171

**Poplar Community Hospital** 211 H St E, Poplar 59255 | 768-6100

**Listerud Rural Health Clinic** 301 Knapp St, Wolf Point 59201 653-2150

**Trinity Hospital** 315 Knapp St, Wolf Point 59201 | 653-6500

**One Health** [onehc.org](https://onehc.org)

Primary and Preventative health care to all regardless of ability to pay.

**Primary Care** Internal medicine, pediatrics, same day care, women's health, and annual wellness, sports, DOT, and WCC physicals.

**Behavioral Health** Counseling, substance abuse treatment, medication assisted treatment (MAT) for opiate use disorder, court ordered education ACT/MIP, care and medication management.

**Resource/Partner** PRAPARE, transportation, MLSA, 340b program.

**One HealthSweet** [onehc.org/sweetmedicalcenter](https://onehc.org/sweetmedicalcenter)

**Chinook Clinic** 419 Pennsylvania St, Chinook 59523 | 357-2294  
Chinook Pharmacy 357-3333

**Harlem Clinic** 530 Central Ave W, Harlem 59526 | 353-4861  
Milk River Pharmacy 353-3535

**Glendive Clinic** 303 N Harmon, Glendive 59330 | 815-5831

**Miles City Clinic** 305 S 4th St, Miles City 59301 | 874-8700

**Miles City Dental** 2811 Comstock St, Miles City 59301 | 874-8711

**Opportunity Resources, Inc.**

Supports individuals with disabilities in enhancing their quality of life.

**Havre** 2229 5th Ave, Havre 59501 | 265-1223

**Missoula** 2821 S Russell St, Missoula 59801 | 721-2930

**Quality Life Concepts** [qlc-gft.org](https://qlc-gft.org)

**Great Falls** 215 Smelter Ave NE Ste 1, Great Falls 59404 | 452-9531

**0208 Waiver Services (for children, teens, and adults):** Intensive services to meet the exceptional needs of eligible children aged 18-months and older and enhance a family's ability to maintain their children in the family home. **Counties:** Blaine, Hill

**VA Community Clinics** [montana.va.gov](https://montana.va.gov)

**Havre** 1753 US Hwy 2 NW Ste 3, Havre 59501 | 265-4304

**Glasgow** 630 2nd Ave S Ste A, Glasgow 59230 | 228-4101

**Glendive** 2000 Montana Ave, Glendive 59330 | 377-4755

**Miles City** 210 S Winchester Ave, Miles City 59301 | 874-5600

**Plentywood** 440 W Laurel Ave, Plentywood 59254 | 765-3718

**Veterans Crisis Line** [veteranscrisisline.net](https://veteranscrisisline.net)

Call 800-985-5990 and Press 1. Text 838255. Caring, qualified responders with the Department of Veterans Affairs.

**Vocational Rehabilitation** [dphhs.mt.gov/detd/vocrehab](https://dphhs.mt.gov/detd/vocrehab)

Promotes work and independence for eligible individuals with disabilities. Services to assist, find or maintain employment.

**Poplar** 501 Medicine Bear Rd, Poplar 59255 | 768-2300

[fortpecktribes.org/voc\\_rehab.html](https://fortpecktribes.org/voc_rehab.html)

**Havre** 48 2nd Ave Ste 213, Havre 59501 | 265-6933 | 877-296-1294

**Miles City** 114 N 7th St, Miles City 59301 | 232-0583 | 877-296-1198

**Youth Dynamics** [youthdynamics.org](https://youthdynamics.org) Toll Free: 877-458-7022

Family behavioral health treatment to provide comprehensive, progressive behavioral health services for youth and families. Individual and family counseling, mentoring/family support assistance, in-home services, support teams, youth case management, respite care, therapeutic foster care, supervised visits, therapeutic youth group homes, independent living and independent living skills.

**Glasgow** 316 Railroad Alley N, Glasgow 59230 | 228-2058

**Glendive** 606 N. Merrill Ave Ste 2, Glendive 59330 | 377-4942

Services to communities within 60 miles: Bloomfield, Circle, Lindsay, Plevna, Savage, Sidney, and Wibaux.

**Havre** 220 3rd Ave Ste 403, Havre 59501 | 265-3226

**Malta** 46 S 1st St E Ste 14, Malta 59538 | 654-2016

**Miles City** 2900 Mallet Lane, Miles City 59301 | 232-4233

Services to communities within 60 miles: Kinsey and Terry.

**Wolf Point** 112 W Main, Wolf Point 59201 | 653-3992

## BOX ELDER

**Rocky Boy Health Clinic** [rbclinic.org](https://rbclinic.org)

6850 Upper Box Elder Rd, Box Elder 59521 | 395-4486  
M-F 8am-4:30pm

**White Sky Hope Lodge** [rbclinic.org](https://rbclinic.org)

6850 Upper Box Elder Rd, Box Elder 59521 | 395-4818

Assessment, consultation, clinical services, recommendations for our clients and their family members, and community activities for prevention, education and culture.

## BAKER

**Fallon Medical Complex** [fallonmedical.org](https://fallonmedical.org)

202 S 4th St W, Baker 59313 | 778-3331

Community health care: primary care physicians, physician assistant, and nurse practitioner. Physicians supervise physician assistants at Dahl Memorial Healthcare in Ekalaka, and Wibaux Clinic in Wibaux.



# HEALTH AND SPECIAL NEEDS

## CHINOOK

### **Blaine County Health Department**

[blainecounty-mt.gov/public-health](http://blainecounty-mt.gov/public-health)

420A Ohio (Courthouse Annex), Chinook 59523 | 357-2345

### **Hi-Line Pediatric Therapy**

236 Indiana St, Chinook 59523 | 344-8080

## CIRCLE

### **McCone County Health Center** [mcconehealth.org](http://mcconehealth.org)

605 Sullivan Ave, Circle 59215

**Services:** laboratory, radiology, physical therapy, adult day care, infusion therapy, medical equipment, telemedicine, and charity care.

**Critical Access Hospital and Long Term Care Services:** 485-3381

**McCone Clinic:** 485-2063

## CULBERTSON

### **Roosevelt Medical Center** [rooseveltmedical.org](http://rooseveltmedical.org)

818 2nd Ave E | PO Box 419, Culbertson 59218

**Medical Center:** 787-6401 | **Clinic:** 787-6400

## FAIRVIEW

### **MonDak Family Clinic**

[sidneyhealth.org/Services/MonDak-Family-Clinic](http://sidneyhealth.org/Services/MonDak-Family-Clinic)

304 S Ellery Ave, Fairview 59221 | 742-5261

No walk-ins. Primary care: minor trauma, acute and chronic illness, pediatric, adult, and geriatric care.

## GLASGOW

### **Francis Mahon Deaconess Hospital** [fmdh.org](http://fmdh.org)

621 3rd St S, Glasgow 59230 | 228-3500

### **Glasgow Clinic**

221 5th Ave S, Glasgow 59230 | 228-3400

Primary/urgent care, internal medicine, pediatric, ob/gyn, family practice, family nurse practitioners, nursing and administrative staff.

### **Valley County Health Department**

[valleycountymt.net/departments/health\\_department.php](http://valleycountymt.net/departments/health_department.php)

501 Court Square Box 11, Glasgow 59230 | 228-6261

M-Thur 7:30am-6pm, Immunizations: M 2pm-5:45pm or by appointment.

### **Hi-Line Home Programs** [hilinehomeprograms.org](http://hilinehomeprograms.org)

605 3rd Ave S, Glasgow 59230 | 228-9431 | 800-659-3673

Provides support and services to children and families of north eastern Montana. Child & Adult Care Program (CACFP), Family Education and Support Services Program, Infant/Toddler Program (Part C), Title XX Family Education and Support Services Program, Children's Waiver Services (CWS), Children's Autism Waiver Services (CAW), Adult Supported Living Program, In-Home Services Program, and Transitional Living Services (TLS).

### **Milk River Inc.** [milkriverinc.org](http://milkriverinc.org)

219 2nd Ave S, Glasgow 59230 | 228-8412

Training, employment, activities and residential facilities for the developmentally disabled. Encourage and advocate for the wishes, dreams and aspirations of those with developmental disabilities and achieve this in the least restrictive, most appropriate environment.

## GLENDIVE

### **Child Find**

#### **Glendive Public Schools**

900 N Merrill Ave, Glendive 59330 | 377-5363

Screening for children for possible developmental delays and referrals to other agencies.

### **Dawson County Health Department**

[dawsoncountymontana.com/departments/publichealth](http://dawsoncountymontana.com/departments/publichealth)

207 West Bell, Glendive 59330 | 377-5213

M-F 8am-12pm and 1-5pm

**Woman, Infants and Children (WIC):** Nutrition and health information, breast-feeding support, health care referrals, and nutritious foods. Thur 8am-12pm, 1-5pm.

**Immunizations:** Appointments recommended. No one will be denied service if unable to pay. Thur 8:30am-12pm, 1-5pm.

**Public Home Health Visiting:** Home visits by a nurse, social worker, or dietitian for Medicaid eligible pregnant women, babies and children birth to age 5.

**Blood Pressure Clinic:** W & Thur 8am-12pm, 1-5pm.

**Lab on Demand:** Cholesterol, TSH, A1c, ect. W 8am-12pm, 1-5pm.

**Breast & Cervical Health Programs:** 377-2935

Screenings for women with local physicians and hospitals.

**Cancer screening services:** 888-803-9343

[dphhs.mt.gov/publichealth/cancer/cancerscreening](http://dphhs.mt.gov/publichealth/cancer/cancerscreening)

**Family Planning:** M/Tu 1-5pm, W 8am-12pm, 1-5pm, F 10am-12pm, 1-3pm.

**Tobacco Prevention:** Youth tobacco prevention, promotion of cessation resources for tobacco users (MT Quitline) and public policy to reduce exposure to second hand smoke.

### **Gabert Medical Services** [gmc.org/locations/gabert-clinic](http://gmc.org/locations/gabert-clinic)

107 Dilworth St, Glendive 59330 | 345-8901

### **Glendive Medical Center** [gmc.org](http://gmc.org)

202 Prospect Dr, Glendive 59330 | 345-3306

24-hour emergency/transitional/urgent/long-term/extended care, assisted living, hospice, behavior, cancer, cardiac, rehab, diabetes, family/internal medicine, labs, nutrition, orthopedics, pediatrics, radiology/imaging, surgery, telehealth, visiting nurse/specialists, women, and occupational/physical/respiratory/speech therapy.





# HEALTH AND SPECIAL NEEDS

## GLENDIVE

### **Prairie View Special Services** [pvssmt.org](http://pvssmt.org)

30 Hwy 200 S, Glendive 59330 | 377-5446

Special education services to member schools: speech therapy, educational psychology, special education instruction, personnel development, and technical assistance in special education.

### **Scottish Rite Shoes for Kids Program**

202 S Merrill Ave, Glendive 59330 | 377-3769

Footwear for children in need, toddlers through high school. Fittings in Fall, Spring, and other times.

### **Special Education Early Childhood Class**

**Washington Middle School** 505 N Meade, Glendive 59330 | 377-4155

Special education for at-risk children ages 3-5 years.

## VROOM TIP!

Peekaboo helps your child learn you're still there, even when you are hiding. But most of all its fun!

## HAVRE

### **Ellen Savage, MS, LCPC, DCC** [ellensavage.com](http://ellensavage.com)

220 3rd St, Havre 59501 | 262-4242

Counseling services: anger with quality and resolution, coaching options, conflict resolution, individual, couples, family, loss, grief, divorce, and parenting, distance therapy.

### **Bullhook Community Health Center** [bullhook.com](http://bullhook.com)

521 4th St, Havre 59501 | 395-4305

Certified patient centered medical home, family physicians, nurse practitioners, preventative care, immunizations, well child checks, men's/women's health, physicals, acute/chronic disease management, dental care, mental health counseling & medication management, substance use disorder counseling, pharmacy, and Montana asthma project (home visits).

### **Havre Day Activity Center**

235 1st St W, Havre 59501 | 265-5506

Developmental disability services: employment, day and residential services to promote individuality, choice, and a higher quality of life.

### **Hi-Line Pregnancy Resource Center** [hilineprc.com](http://hilineprc.com)

315 1st St, Havre 59501 | 265-3255

### **Hill County Health Department** [hillcountyhealth.com](http://hillcountyhealth.com)

302 4th Ave, Havre 59501 | 400-2415

M-F 8am-12pm and 1-5pm

**Family Planning:** No walk-in appointments, same day appointments available, call 400-2416.

**Vaccine Administration:** No walk-in appointments, call to schedule appointment, 400-2415.

**WIC:** No walk-in appointments, call to schedule, 400-2421.

### **Northern Montana Health Care** [nmhcare.org](http://nmhcare.org)

**Havre** 30 13th St, Havre 59501 | 265-2211

**Family Medical Center** 1401 1st Ave, Havre 59501 | 265-5408

**Specialty Medical Center** 20 13th St W, Havre 59501 | 265-7831

**Vision Center** 20 13th St W, Havre 59501 | 262-2020

## JORDAN

### **Garfield County Health Center**

[garfieldco.us/garfield-county-health-center.html](http://garfieldco.us/garfield-county-health-center.html)

332 Leavitt Ave, Jordan 59337 | 557-2500

Nursing home, ER, and critical access lab services.

## MALTA

### **Phillips County Health Department**

105 2nd St E, Malta 59538 | 654-2521

### **Phillips County Hospital and Family Health Clinic**

[pchospital.us](http://pchospital.us)

311 S 8th Ave E, Malta 59538 | **Hospital:** 654-1100 | **Clinic:** 654-1800

Diagnosis, care and treatment of patients, primary care services, lab and x-ray services. Nursing home attached.

## MILES CITY

### **Eastern Montana Industries**

805 S Hayes Ave, Miles City 59301 | 234-3740

Residential and vocational services to adults with disabilities.



## PLENTYWOOD

### **Sheridan County Health Department**

[healthysheridancountymt.org](http://healthysheridancountymt.org)

100 W Laurel Ave, Plentywood 59254 | 765-3410

Immunizations, Emergency Preparedness, WIC, Aging Services.

### **Sheridan Memorial Hospital, Nursing Home & Clinic**

[sheridanmemorial.net](http://sheridanmemorial.net)

440 West Laurel Ave, Plentywood 59254

**Hospital:** 765-3700 | **Clinic:** 765-3718

### **Glenwood Inc. & Thrift Store** [glenwoodmt.org](http://glenwoodmt.org)

202 E 1st Ave, Plentywood 59254 | 765-2040

Services for the intellectually disabled: day program, residential program, Quality Transit transportation for the entire county, Meals on Wheels prepared and delivered.

# HEALTH AND SPECIAL NEEDS

## POPLAR

**Fort Peck Tribal Health Department** [fortpecktribes.org/fpth](http://fortpecktribes.org/fpth)

107 H St E, Poplar 59255 | 768-3491

**Fort Peck Tribes Suicide Prevention**

[fortpecktribes.org/honoryourlife](http://fortpecktribes.org/honoryourlife)

107 H St E, Poplar 59255 | 768-3491

Outpatient services, mental health assessment, individual and group therapy, VA services, medication and adult case management.

**Fort Peck Tribes HPDP Wellness Program**

[fortpecktribeshpdp.com](http://fortpecktribeshpdp.com)

200 G St E, Poplar 59255 | 768-3052

Restore traditional values and help communities return to a healthier lifestyle.



## SCOBEEY

**Daniels County Health Department**

213 Main St, Scobey 59263 | 487-5560

**Daniels Memorial Healthcare Center**

[danielsmemorialhealthcare.org](http://danielsmemorialhealthcare.org)

105 5th Ave E, Scobey 59263 | 487-2296

24 bed critical access hospital, 30 bed nursing home, rural health clinic and 24 hour emergency services.

## SIDNEY

**Esprit Health Clinic** [esprithealthclinic.com](http://esprithealthclinic.com)

309 S Central Ave, Sidney 59270 | 488-5000

Holistic patient care.

**Foundation for Community Care**

[foundationforcommunitycare.org](http://foundationforcommunitycare.org)

221 2nd St NW, Sidney 59270 | 488-2273

**Richland County Health Department**

[richland.org/320/Health-Department](http://richland.org/320/Health-Department)

1201 W Holly Ste 1, Sidney 59270 | 433-2207

**Richland Opportunities, Inc.** [roisidney.org](http://roisidney.org)

1110 Silurian Lane, Sidney 59270 | 488-3341

Provides support services for people with developmental disabilities.

**Sidney Health Center** [sidneyhealth.org](http://sidneyhealth.org)

216 14th Ave SW, Sidney 59270 | 488-2100

**Sunrise Women's Clinic** [sunrisepregnancy.org](http://sunrisepregnancy.org)

116 3rd Ave NW, Sidney 59270 | 433-7772

Pregnancy tests, ultrasounds, women's health, labor & delivery, breastfeeding, infant care, development, and parenting (EWYL) education. Services are free and confidential.

## TERRY

**Prairie County Health Department**

[prairiecounty.org/public\\_health](http://prairiecounty.org/public_health)

203 South Logan Ave, Terry 59349 | 635-2020

Blood pressure, vital sign screening, home visits, medication setup, environmental health, communicable disease surveillance, well child clinic, immunizations, school nursing, maternal and child health, WIC, emergency preparedness, senior companion and commodity program. Over 60 years or disabled: personal home care, CNA, cleaning assistance, transportation services to congregate meals and healthcare services.

**Prairie Community Hospital** [prairiecommunityhospital.com](http://prairiecommunityhospital.com)

**Hospital:** 312 S Adams Ave, Terry 59349 | 635-5511

**Clinic:** 409 Bowen St, Terry 59349 | 635-5863

Comprehensive and secondary care including inpatient, outpatient and emergency care. Referral of specialized secondary and tertiary care to other healthcare centers.

## WIBAUX

**Wibaux Clinic** [gmc.org/locations/wibaux-clinic](http://gmc.org/locations/wibaux-clinic)

710 Drake St, Wibaux 59353 | 796-4325 | 800-660-4325

## WOLF POINT

**Roosevelt County Health Department**

[rooseveltcountry.org/health-department](http://rooseveltcountry.org/health-department)

124 Custard St, Wolf Point 59201 | 653-6227



## VROOM TIP!

Play "I Spy" with your child to find things by color or letter. Count out loud as you find each item. Games like this teach your child to notice similar things.



# CHILD PROTECTION SERVICES

CHILD ABUSE HOTLINE: 866-820-5437

STATEWIDE/REGIONAL

**CASA-CAN** [montanacasagal.org](http://montanacasagal.org) | [nationalcasagal.org](http://nationalcasagal.org)

Trains and supports community volunteers to advocate for children who have suffered abuse or neglect, to ensure that they receive essential services.

**CASA of Hill County, Inc.** [casaofhillcounty.org](http://casaofhillcounty.org)

2229 5th Ave, Havre 59501 | 265-6743 Ext 1135

**Counties:** Chouteau, Hill, Liberty.

**Eastern Montana CASA/GAL**

2200 Box Elder, Miles City 59301 | 234-2354

**Counties:** Blaine, Dawson, Garfield, McCone, Phillips, Prairie, Richland, Valley, Wibaux.

**Child and Family Services** [dphhs.mt.gov/cfsd](http://dphhs.mt.gov/cfsd)

Protective services for abused, neglected, or abandoned children. Services for adoption, foster care, and guardianship.

**Glasgow** 630 2nd Ave S Ste D, Glasgow 59230 | 228-2108

**Glendive** 218 W Bell St Ste 101, Glendive 59330 | 377-4963

**Havre** 232 1st St W Ste B, Havre 59501 | 265-1233

**Malta** 314 S 2nd Ave W, Malta 59538 | 654-1535

**Miles City** 708 Palmer St, Miles City 59301 | 234-1385

**Sidney** 201 N Central Ave, Sidney 59270 | 433-1903

**Wolf Point** 100 Main, Wolf Point 59201 | 653-3520

**Regional Administrators**

**Great Falls** 2300 12th Ave S Ste 211, 59405 | 268-3788

**Miles City** 708 Palmer, 59301 | 234-1385

**Tribal Social Services** [dphhs.mt.gov/cfsd/icwa](http://dphhs.mt.gov/cfsd/icwa)

**Chippewa Cree Child Welfare**

31 Agency Square, Box Elder 59521 | 395-4092 x107

**Fort Belknap** 656 Agency Main St, Harlem 59526 | 353-8346

**Fort Peck** 629 27th Ave S, Wolf Point 59201 | 653-1494



# FAMILY SERVICES

STATEWIDE/REGIONAL

**Action for Eastern Montana** [aemt.org](http://aemt.org)

Programs: Low Income Energy Assistance Program LIEAP, Energy Share of Montana, Weatherization, Housing Programs, Aging Services, Senior Companions, Choose Homes for Veterans, Head Start, Youth Employment/Training, and WIOA Youth Program.

**Glasgow** 334 W Court St, Glasgow 59230 | 228-9751

**Glendive** 2030 N Merrill Ave, Glendive 59330 | 377-3564

**Sidney** 1201 Holly St Ste 6, Sidney 59270 | 433-4967

**Miles City** 11 S 7th St Ste 140, Miles City 59301 | 234-8027

# FAMILY SERVICES

STATEWIDE/REGIONAL

**Amtrak** [amtrak.com/regions/west.html](http://amtrak.com/regions/west.html)

[amtrakguide.com/stations/amtrak-stations-in-montana](http://amtrakguide.com/stations/amtrak-stations-in-montana)

**Reservations & Customer Service:** 800-872-7245 | TTY 800-523-6590

**Glasgow** 424 1st Ave S, Glasgow 59230

**Havre** 225 Main St, Havre 59501

**Malta** 51 S 1st St, Malta 59538

**Wolf Point** 320 Front St, Wolf Point 59201

**Chippewa Cree Human Services** [ccthumanservices.org/tanf.php](http://ccthumanservices.org/tanf.php)

**Box Elder** 31 Agency Square, Box Elder 59521 | 352-3271

**Havre** 109 2nd St, Havre 59501 | 265-6021

**Rocky Boy** 395-5814

**Child Support Enforcement** [dphhs.mt.gov/cssd](http://dphhs.mt.gov/cssd)

**Montana Interstate Office of Child Support**

PO Box 202943, Helena MT 59620 | 444-9767

**Great Falls** 1201 1st St S Ste 1A, Great Falls 59405 | 727-7449

**Counties:** Blaine, Daniels, Hill, Phillips, Roosevelt, Sheridan, Valley

**Billings** 1500 Polly DR Ste 200, Billings 59102 | 655-5500

**Counties:** Dawson, Garfield, McCone, Prairie, Richland, Wibaux

## VROOM TIP!

Are you teaching your child to use words to express their feelings? As you're out and about, ask them to notice animals, which don't use words, and see how they communicate what they want. Ask them what they think the animal is trying to say.

**Developmental Educational Assistance Program** [deapmt.org](http://deapmt.org)

Family education and support, independent living skills, and residential services to families, children and adults.

**Miles City** 2200 Box Elder, Miles City 59301 | 234-6034 | 800-224-6034

**Glendive** 120 W Towne St Ste 101, Glendive 59330

**Disaster Distress Helpline** [DisasterDistress.samhsa.gov](http://DisasterDistress.samhsa.gov)

Call/Text 800-985-5990 or ASL button on the website.

Multi-lingual crisis counseling for emotional distress from natural or human-caused disaster.

**Energy Share Montana** [energysharemt.com](http://energysharemt.com)

Helps Montanans with energy emergencies meet their need and move towards self-reliance.

**Family Resource Centers**

Services and support to children and families to help strengthen families to realize their full potential.

**Chippewa Cree** [ccthumanservices.org/frc.php](http://ccthumanservices.org/frc.php)

31 Agency Square, Box Elder 59521 | 395-5814

**Richland County** [richland.org/index.aspx?NID=551](http://richland.org/index.aspx?NID=551)

121 3rd St NW, Sidney 59270

**Housing Authority** [housing.mt.gov](http://housing.mt.gov)

**Chippewa-Cree** 75 Laredo Rd, Box Elder 59521 | 395-4370

**Dawson County** 200 California St, Glendive 59330 | 377-3564

**Fort Belknap** 668 Agency Main St, Harlem 59526 | 353-2601

**Fort Peck** 503 6th Ave, Poplar 59255 | 768-3459

**Glasgow** 435 Division St, Glasgow 59230 | 228-4942

**Poplar (City Of)** 315 G St W, Poplar 59255 | 768-3240

**Richland County** 1032 6th St SW, Sidney 59270 | 443-1978

# FAMILY SERVICES

## STATEWIDE/REGIONAL



### **Human Resource Development Council** [hrdc4.org](http://hrdc4.org)

**Havre** 2229 5th Ave, Havre 59601 | 265-6743 | 800-640-6743  
Community Action Program (CAP) agency offers services to low income individuals of all ages to attain the skills, knowledge, motivation, and opportunities to become fully self-sufficient.

**Services:** Domestic Abuse Program, Section VIII Housing, Weatherization, Low Income Energy Assistance Program, employment and training, Head Start, Early Head Start, food bank, and Hi-Set classroom. **Counties:** Hill, Blaine, Liberty

### **Job Service** [montanaworks.gov/job-service-montana](http://montanaworks.gov/job-service-montana)

Employment and referral services at no cost.

**Glendive** 211 S Kendrick Ave, Glendive 59330 | 377-3314

**Havre** 160 1st Ave, Havre 59501 | 265-5847 | 866-288-9642

**Miles City** 12 N 10th St, Miles City 59301 | 232-8340

**Sidney** 211 N Central, Sidney 59270 | 433-1204

**Wolf Point** 201 Main St, Wolf Point 59201 | 653-1720

### **Jefferson Lines** [jeffersonlines.com/bus-stops/montana](http://jeffersonlines.com/bus-stops/montana)

**Reservations & Customer Service:** 858-800-8898 | 800-451-5333

**Glendive** 1302 W Towne, Glendive 59330 (Robins Service)

**Miles City** 1120 S Haynes, Miles City 59301 (McDonalds)

### **My Neighbor/Student in Need**

[myneighborinneed.org](http://myneighborinneed.org) | [mystudentinneed.org](http://mystudentinneed.org)

**Chinook** 357-8080 Chinook, Harlem, Fort Belknap, Hayes, Hogland, Lodgepole, and Turner



### **Montana 2-1-1** [montana211.org](http://montana211.org)

Mobile friendly website connects people to community resources for non-emergency needs.

### **Montana Aging Food & Nutrition Programs**

[dphhs.mt.gov/sltc/aging/nutritionservices](http://dphhs.mt.gov/sltc/aging/nutritionservices)

#### **Dawson County**

[dawsoncountymontana.org/departments/senior\\_citizen/index.php](http://dawsoncountymontana.org/departments/senior_citizen/index.php)

#### **Glendive Senior Citizens Center**

604 Grant St, Glendive 59330 | 377-3791 | M-F at 12pm

#### **Richey Senior Citizens Center**

201 S Main St, Richey 59259 | 773-5694 | M-Thur at 12pm

#### **Garfield County**

#### **Garfield County Senior Center & Big Dry Transit**

[garfieldco.us/senior-centertransit.html](http://garfieldco.us/senior-centertransit.html)

922 Jordan Ave, Jordan 59337 | 852-4101 | T & Thur at 12pm

#### **McCone County** [mcconecountymt.com/senior-citizens-program](http://mcconecountymt.com/senior-citizens-program)

#### **Brockway Supper Club**

1176 MT-200, Brockway 59214 | 485-2036 | W & Sun at 12pm

#### **Circle Senior Citizens Center**

210 West Main, Circle 59215 | 485-2418 | T & Thur at 12pm

#### **Richland County** [richland.org/590/Congregate-Meals](http://richland.org/590/Congregate-Meals)

#### **Fairview Senior Center**

507 5th St W, Fairview 59221 | 742-5050 | M & W at 11am

#### **Lambert Senior Center**

200 Main St, Lambert 59243 | 774-3439 | T at 12pm

#### **Savage Senior Center**

178 E Main, Savage 59262 | 776-9980 | Thur at 12pm

#### **Sidney Senior Center**

813 3rd St NE, Sidney 59270 | 433-8077 | T & F at 11:30am

#### **Roosevelt County** [rooseveltcountry.org/departments/aging-services](http://rooseveltcountry.org/departments/aging-services)

#### **Bainville Senior Center**

208 N Clinton Ave, Bainville 59212 | 769-2064

#### **Culbertson Senior Center**

208 Broadway Ave, Culbertson 59218 | 787-6625

#### **Froid Senior Center**

107 2nd St N, Froid 59226 | 766-2424

#### **Wolf Point Senior Citizens Center**

124 Custer St, Wolf Point 59201 | 653-6299

#### **Valley County**

#### **Nashua Senior Citizens Center**

709 Front St, Nashua 59248 | 746-3370 | M & W

### **Montana Free File** [freefilealliance.org](http://freefilealliance.org)

[mtrevenue.gov/taxes/individual-income-tax/free-file-alliance-partners](http://mtrevenue.gov/taxes/individual-income-tax/free-file-alliance-partners)

Free File Alliance helps taxpayers prepare and e-file their federal and state tax returns for free.

### **Montana Food Bank Network** [mfbn.org](http://mfbn.org)

**Missoula** 5625 Expressway, Missoula 59808 | 721-3825

Montana's statewide food bank partners with neighborhood food banks, community pantries, and other organizations to end hunger in Montana. Find resources in your community at [mfbn.org/get-help](http://mfbn.org/get-help).

### **Montana Justice Foundation** [mtjustice.org](http://mtjustice.org)

Works with donors and community partners to serve Montana's civil legal aid community. Call 523-3920.



# FAMILY SERVICES

## STATEWIDE/REGIONAL

### **Montana Legal Services Association (MLSA)** [mtlsa.org](http://mtlsa.org)

**Helena** 616 Helena Ave Ste 100, Helena 59601 | 800-666-6899  
Provides legal information, advice, and other civil legal services free to low-income Montanans throughout the state.

### **Montana Shelter Directory**

[homelesshelterdirectory.org/state/montana](http://homelesshelterdirectory.org/state/montana)

Comprehensive listing of shelters by city and county.

### **Montana Veterans Affairs** [dma.mt.gov/MVAD/](http://dma.mt.gov/MVAD/)

877-468-8387 8am–4:30pm | After hours 844-819-0833  
Statewide service network for discharged veterans and their families. Services and assistance for all veterans, surviving spouses, and dependents. Locate a clinic at [va.gov/directory/guide/state.asp?dnum=ALL&STATE=MT](http://va.gov/directory/guide/state.asp?dnum=ALL&STATE=MT).

### **Montana Victim & Witness Assistance Programs**

#### **Montana Department of Justice:**

800-498-6455 | [dojmt.gov/victims](http://dojmt.gov/victims)

#### **US Attorney's Office for the District of Montana:**

[justice.gov/usao-mt/victim-witness-assistance](http://justice.gov/usao-mt/victim-witness-assistance)

Provides support, services, and information to victims and witnesses.

#### **Montana Department of Corrections:**

877-503-0833 | 888-223-6332 | [dojmt.gov/victims](http://dojmt.gov/victims)

Person-centered, trauma-informed strategies to assist individuals who have experienced traumatic events. Hours: M-F 8am-5pm.

#### **Montana Coalition Against Domestic & Sexual Violence:**

443-7794 x116/118 | [mcadsv.com](http://mcadsv.com)

#### **Victim Information And Notification Everyday (VINE):**

800-456-3076 | [vinelink.com/classic/#/home/site/27001](http://vinelink.com/classic/#/home/site/27001)

#### **7th Judicial District Victim Witness** 433-6725

#### **Custer County Attorney's Crime Victim & Witness Assistant**

1010 Main St, Miles City 59301 | 874-3305

#### **Custer Network Against Domestic Abuse and Sexual Assault**

2000 Clark St, Miles City 59301 | 234-0542 | **Crisis line:** 951-0475

#### **Dawson County Domestic Violence/Sexual Assault** 377-6477

**Crisis line:** 989-1318

#### **Fort Belknap Victim Assistance Program** 353-2205

#### **Fort Peck Red Bird Woman Center** 353-1494

#### **Harlem Domestic Violence Program/Judicial Court** 353-8326

#### **Havre District IV HRDC Domestic Abuse Program** 265-6743

#### **24 Hour Crisis Line:** 265-2222

#### **NE MT Victim Services/Glasgow Police Department** 653-2999

#### **Emergency After Hours:** 228-4333 Option 2

#### **Polson/Ronan SAFE Harbor 24 hour Crisis Line:** 676-0800

#### **Richland County Coalition Against Domestic Violence** 433-7421

**Crisis line:** 973-1635

### **Office of Public Assistance**

[dphhs.mt.gov/hcsd/OfficeofPublicAssistance](http://dphhs.mt.gov/hcsd/OfficeofPublicAssistance)

**Helpline:** 888-706-1535

Provides Economic and Medical Assistance to those in need due to lack of income/employment.

#### **Fort Belknap Public Assistance (TANF/477/GA)**

**Harlem** 100 Chippewa St, 59526 | 353-8376

**Hays** 163 Whiteclay Ave, 59527 | 673-3536

**Havre** 48 2nd Ave Ste 200, 59501 | [hhshcsopahill@mt.gov](mailto:hhshcsopahill@mt.gov)

**Glasgow** 630 2nd Ave S Ste C, 59230 | [hhshcsopavalley@mt.gov](mailto:hhshcsopavalley@mt.gov)

**Miles City** 219 North Merriam Ave, 59301 | [hhshcsopacuster@mt.gov](mailto:hhshcsopacuster@mt.gov)

**Wolf Point** 131 Front Ste B, 59201 | [hhshcsoparoosevelt@mt.gov](mailto:hhshcsoparoosevelt@mt.gov)

### **Parenting Montana** [parentingmontana.org](http://parentingmontana.org)

Promotes healthy mental, emotional, and behavioral development of children by actively growing their social and emotional skills.

### **Rural Dynamics** [ruraldynamics.org](http://ruraldynamics.org)

**Great Falls** 410 Central Ave, Ste 401/402, Great Falls 59401  
Financial wellness and budget coaching, mortgage, eviction prevention and rental housing counseling, financial education workshops and resources, debt management, credit building utilization, assistive technology loans for individuals living with a disability, special needs trust accounts, free tax preparation, and anti-poverty volunteer projects. 877-275-2227



### **Rural Employment Opportunities** [reomontana.org](http://reomontana.org)

Education and training to help families find permanent full-time careers. Free for those who qualify. 800-546-1140

**Missoula** 415 N Higgins Ave Ste 126, Missoula 59802 | 274-4172

**County:** Hill

**Billings** 2120 Grand Ave Ste 2, Billings 59102 | 839-7852

**Counties:** Blaine, Daniels, Dawson, Garfield, McCone, Phillips, Prairie, Richland, Roosevelt, Sheridan, Valley, Wibaux

### **Self Help Law Center** [courts.mt.gov/selfhelp](http://courts.mt.gov/selfhelp)

Legal information and forms for pro-se litigants pursuing civil cases. No charge for services, No eligibility requirement.

**Dawson County** 207 W Bell, Glendive 59330 | 377-3967

**Garfield County** Court House, Jordan 59337

**Hill County** 402 3rd St, Havre 59501 | 437-2034

**Phillips County** 304 S 2nd Ave W, Malta 59538 | 437-2034

**Richland County** 121 3rd Ave NW, Sidney 59270 | 433-1917

**Roosevelt County** 220 2nd Ave S, Wolf Point 59201 | 653-2411

**Wibaux County** 203 Wibaux St, Wibaux 59353

### **Seniors — Montana Agencies on Aging**

[dphhs.mt.gov/sltc/aging/areaagenciesonaging](http://dphhs.mt.gov/sltc/aging/areaagenciesonaging)

#### **Area X – Hill County Council on Aging**

[hillcounty.us/departments/council-on-aging/](http://hillcounty.us/departments/council-on-aging/)

**Havre** 2 W 2nd St, Havre 59501 | 265-5464

#### **Area I – Action For Eastern Montana** [aemt.org/agency-on-aging](http://aemt.org/agency-on-aging)

**Glasgow** 334 W Court St, Glendive 59230 | 228-9751

**Glendive** 2030 N Merrill Ave, Glendive 59330 | 377-3564

**Sidney** 1201 Holly St #6, Sidney 59270 | 433-4967

**Miles City** 11 S 7th St #140, Miles City 59301 | 234-8027

# FAMILY SERVICES

## STATEWIDE/REGIONAL

### **Social Security Administration** [ssa.gov](https://ssa.gov)

Process social security applications, Medicare programs, supplemental security income (SSI), programs for the needy, disabled, and aged (over 65), Manage earning records for anyone covered under social security to insure the correctness of reporting practices.

**Billings** 2900 4th Ave N Room 304, Billings 59101 | 866-895-1795

**Glasgow** 630 2nd Ave S, Glasgow 59230 | 228-8272

**Havre** 123 5th Ave, Suite A, Havre 59501 | 265-9511

### **Tribal Social Services** [dphhs.mt.gov/cfsd/icwa](https://dphhs.mt.gov/cfsd/icwa)

**Chippewa Cree** 31 Agency Square, Box Elder 59521 | 395-4734

**Fort Belknap** 656 Agency Main St, Harlem 59521 | 353-8346

**Fort Peck** 629 27th Ave S, Wolf Point 59201 | 653-1494

### **Weatherization / Energy Assistance**

[dphhs.mt.gov/hcsd/energyassistance](https://dphhs.mt.gov/hcsd/energyassistance)

Weatherization and energy assistance for qualifying households.

**Havre** [hrdc4.org/energy](https://hrdc4.org/energy)

2229 5th Ave, Havre 59501 | 265-6743 | 800-640-6743

**Glendive** [aemt.org/energy-programs](https://aemt.org/energy-programs)

2030 N Merrill, Glendive 59330 | 377-3564 | 800-227-0703

### **Women Infants and Children (WIC)** [dphhs.mt.gov/ecfsd/wic](https://dphhs.mt.gov/ecfsd/wic)

Supplemental nutrition program for women, infants, and children: health information, breastfeeding support, health care referrals and nutrition education. Locate your local WIC clinic at [signupwic.com](https://signupwic.com) or call 800-433-4298 or email [montanawicprogram@mt.gov](mailto:montanawicprogram@mt.gov).



## GLENDIVE

### **Dawson County Child Safety Seat Program**

[dawsoncountymontana.com/departments/publichealth](https://dawsoncountymontana.com/departments/publichealth)

### **Dawson County Health Department**

207 West Bell, Glendive 59330 | 377-5213

Provides free child safety seats fitted for each child's height and weight for eligible families. Call for appointment with certified car seat technicians.

**Nurturing Tree** [dawsoncountymontana.com/departments/publichealth/nurturing\\_tree.php](https://dawsoncountymontana.com/departments/publichealth/nurturing_tree.php)

200 S Kendrick, Glendive 59330 | 377-7515

Information and resources on raising children from infancy to teens. Open enrollment parenting classes offered throughout the year.

## HAVRE

### **Havre's Helping Haven** [facebook.com/havreshelpinghaven](https://facebook.com/havreshelpinghaven)

615 W 1st St Ste B, Havre 59501 | 262-7990

Free clothing and other items.



### **Opportunity Link, Inc.** [opportunitylinkmt.org](https://opportunitylinkmt.org)

339 3rd St, Havre 59501 | 265-3699

Assists communities of North central Montana to achieve and sustain independence, prosperity and a better way of life. Services: Volunteer Income Tax Assistance program, small business technical assistance, and North Central Montana Transit Services.

### **Salvation Army Family Service Center** [havre.salvationarmy.org](https://havre.salvationarmy.org)

328 3rd St, Havre 59501 | 265-6411

Emergency Services for the low income or in need. Our mission is to meet human needs without discrimination.

### **Salvation Army Family Store** [havre.salvationarmy.org](https://havre.salvationarmy.org)

322 3rd St Ave, Havre 59501 | 265-1101

Thrift store that offers families gently used items at a lower cost.

## MALTA

### **Malta Opportunities**

506 6th St W, Malta 59538 | 654-2187

Hours 24/7, best to call after 1pm.

## POPLAR

### **The New Life Mission** [facebook.com/HelpHopeandLove](https://facebook.com/HelpHopeandLove)

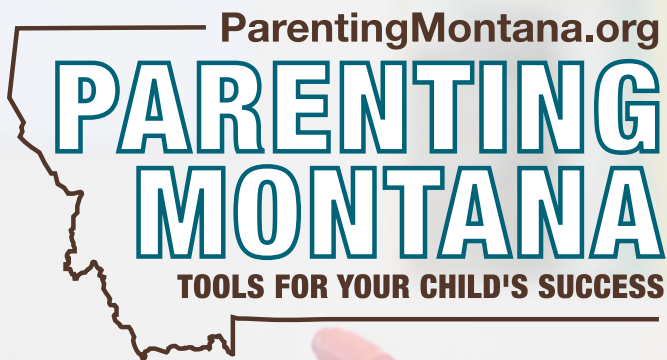
509 2nd Ave W, Poplar 59255 | 768-3695

Shelter for people who have just been released from rehab and are trying to transition back into society and stay clean. Also provide shelter to others for short periods of time.

### **VROOM TIP!**

When you're in the kitchen, let your child try a few grains of salt and then a few of sugar. Ask how they taste. What foods taste like they might have salt or sugar in them? First hand experiences like these help your child think like a scientist and use their senses to understand the world.





**ParentingMontana.org** provides  
easy-to-use tools to support your child's  
success from birth through the teen years.

.....

**TOOLS FOR YOUR CHILD'S SUCCESS**

Brought to you by the Offices of Child Care, SAMHSA, and Montana DPHHS. The Views and opinions contained in the publication do not necessarily reflect those of SAMHSA or the U.S. Department of Health and Human Services and should not be construed as such.





# NEED HELP PAYING FOR CHILD CARE?

**We can help you pay for a safe nurturing child care provider; giving you peace-of-mind.**

While you're working to support your family, a licensed child care provider is supporting your child's development. Family Connections can help with child care expenses and also offers free referrals to find a quality child care provider.

**LEARN MORE! [FamilyConnectionsMT.Org](https://FamilyConnectionsMT.Org)**



**Region 5 Office:** 202 2nd Ave S Suite 201 **Great Falls**, 59405  
761-6010 | 800-696-4503 | Fax: 453-8976

**Counties:** Cascade, Chouteau, Fergus, Glacier, Judith Basin, Liberty, Petroleum, Pondera, Teton, Toole

**Region 6 Office:** 2229 5th Ave **Havre**, 59501  
265-6743 | 800-640-6743 | Fax: 265-1312

**Counties:** Blaine, Daniels, Dawson, Garfield, Hill, McCone, Phillips, Prairie, Richland, Roosevelt, Sheridan, Valley, Wibaux





How do children become school ready? That is a big question! It involves more than just turning 5-years-old. It begins before birth with good neonatal care and continues after birth with supportive relationships with families and caregivers. Young children acquire social and emotional skills, foundational knowledge, and the dispositions necessary for success in school and beyond through caring connections, early experiences and a ton of play!

Children are not innately “ready” or “not ready” for school. Their skills and development are strongly influenced by their families, through their interactions with other people, and their environments.

Being a school ready child means having the skills, knowledge, and attitudes necessary for success in kindergarten, later learning, and life. This includes all domains of development – physical, social and emotional, language, literacy, and cognitive.

Just as it takes all the ingredients to have a cake turn out tasty, it takes all essential ingredients to be school ready. Supportive families, communities, and schools.

## What does a school ready child look like?

- ★ Problem solver
- ★ Social skills
- ★ Follows directions
- ★ Listening skills
- ★ Communication skills
- ★ Can write their name
- ★ Confidence
- ★ Trusts
- ★ Builds Relationships
- ★ Self-control
- ★ Cooperates
- ★ Persistence



# CHILD CARE CHECKLIST

## A GUIDE TO CHOOSING QUALITY CHILD CARE

### CAREGIVERS & TEACHERS

- ☐ Develop positive relationships with children
- ☐ Get down on child's level when speaking
- ☐ Greet children when they arrive
- ☐ Quickly meet child's needs even when busy
- ☐ Involved in continuing education programs
- ☐ Always ready to answer questions
- ☐ Update parents on child's daily activities
- ☐ Welcome parent's ideas and involvement
- ☐ Staff and children enjoy being together
- ☐ Meet child-to-staff ratios for each age group

### SETTINGS

- ☐ Bright, clean and pleasant setting
- ☐ Adequate space for each activity
- ☐ Securely fenced outdoor play area
- ☐ Variety of safe play equipment
- ☐ Play areas easily viewed by staff at all times
- ☐ Separate areas for quiet play and active play

### IN GENERAL

- ☐ You agree with discipline practices
- ☐ You hear the sounds of happy children
- ☐ Children are comforted as needed
- ☐ The provider is licensed and regulated
- ☐ Surprise visits by parents are encouraged

### ACTIVITIES

- ☐ Activities are age appropriate
- ☐ Daily balance of indoor/outdoor play, story & nap time
- ☐ Healthy food, snacks and physical exercise
- ☐ Variety of toys & learning materials for children

### ASK THE DIRECTOR & STAFF

- ☐ What is the program's mission and philosophy?
- ☐ Is the program licensed or registered?
- ☐ May I have a copy of your policies?
- ☐ Do the policies include schedules and fees?
- ☐ What is your sick child policy?
- ☐ Do you offer any financial assistance?
- ☐ Do you have an orientation for new families?
- ☐ What are your procedures for emergencies?
- ☐ Do you practice fire drills and evacuations?
- ☐ Are all staff trained in CPR and First Aid?
- ☐ Do you Background Check ALL staff?
- ☐ How do you know where my child is at all times?
- ☐ Do you participate in the USDA sponsored Child and Adult Care Food Program (CACFP)?
- ☐ How do you support children's education & learning?
- ☐ Can children choose activities and who to play with?
- ☐ Do the children help plan activities?
- ☐ How do you accommodate children with special needs?

### WARNING SIGNS

- ☐ All parent visits must be planned in advance
- ☐ There are few planned activities or guidance
- ☐ The child care is not licensed or registered
- ☐ Too many children for adequate care & supervision
- ☐ Caregivers are physical, abusive or yell at the children
- ☐ Health & Safety Licensing deficiencies



A listing in this guide does not constitute a recommendation or endorsement from Family Connections, Inc.

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